

## Pension at your own cost

### 1 Your details

1.1 Pension number   
*It can be found under 'reference',  
at the top of our letters*

1.2 Name Initials   
Last name

1.3 Date of birth (ddmmyyyy)

### 2 Your situation

2.1 On what date did you stop working in the sector?

2.2 Why did you stop working in the sector?

Mutually agreed resignation (no unemployment (WW) benefits) [Go to question 2.5](#)

Involuntary dismissal

Other:

2.3 Do you get unemployment (WW) benefits?

No

Yes, [Enclose a copy of the UWV letter confirming you get this benefit as well as the starting date of your WW benefit.](#)

2.4 Do you receive sickness benefits?

No

Yes, [Enclose a copy of the UWV letter confirming you get this benefit as well as the starting date of your sickness benefit.](#)

2.5 Is your unemployment the result of a bankruptcy?

No

Yes, [Enclose a copy of the UWV letter confirming this circumstance as well as the starting date of your bankruptcy benefit.](#)

2.6 Do you have a new job?

Yes, I work for an employer

Yes, I am self-employed [Go to question 2.8](#)

No [Go to question 2.8](#)

#### Why this form?

Your employment in the sector has ended. As a result, you accrue no pension with PME. You can carry on accruing pension with us. You pay the costs (partially) yourself. Please use this form to apply.

#### Note

- Send in your application within 1 year after ending your job in the sector.
- Do you have a new job and do you take part in a pension scheme via your new employer, then you can carry on accruing pension with PME.
- Do you receive unemployment benefits (WW)? You can only carry on accruing pension when you are 65 or younger.

#### Return the form

Please return the form and enclosures to:  
PME  
Postbus 5010, 9700 GA Groningen

Or email the signed form and enclosures to:  
[deelnemer@pmepensioen.nl](mailto:deelnemer@pmepensioen.nl)

#### Contact details

Phone: 088 1947 001  
email: [deelnemer@pmepensioen.nl](mailto:deelnemer@pmepensioen.nl)

#### Postal address

Postbus 5010  
9700 GA Groningen

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2.7 Are you taking part in a pension scheme in your new job?

No

Yes **You cannot carry on accruing pension with PME**

2.8 Did you take part in the 'Pension accrual above the Salary threshold' plus scheme and do you want to continue your participation?

No

Yes

2.9 Did you take part in the Anw gap insurance scheme with PME during your last contract and do you want to continue your participation?

No

Yes

### You get WW benefits

In that case, your Anw gap insurance continues free of charge as long as you receive WW. Do you intend to retire immediately after your WW ends and do you want to continue your Anw gap insurance? This is only possible if you also continue to participate in the standard scheme while receiving WW. Note: you can only choose to continue your Anw gap insurance once, and you can only use this form.

### You do not get WW benefits

In that case, the Anw gap insurance ends on the date that your employment contract ended. You can only continue this insurance as long as you continue to participate in the standard scheme. Or until the date that your partner reaches the AOW pension age. You do pay the contributions to PME yourself.

## 3 Checklist of enclosures

3.1 Indicate which documents are enclosed *Check if the enclosure is mandatory for you:*

Copy of UWV letter confirming the starting date of your WW benefits.

Copy of UWV letter confirming the term of your sickness benefits.

Copy of UWV letter confirming the term of your bankruptcy benefits.

 **Explanation of question 2.3**

 **Explanation of question 2.4**

 **Explanation of question 2.5**

## 4 Signature

4.1 City and date (ddmmyyyy)

4.2 Signature

### Contact details

Phone: 088 1947 001  
email: [deelnemer@pmepensioen.nl](mailto:deelnemer@pmepensioen.nl)

### Postal address

Postbus 5010  
9700 GA Groningen